



DANDENONG ROAD PROGRAM THIS WEEK

MONDAY 15 JUNE	TUESDAY 16 JUNE	WEDNESDAY 17 JUNE	THURSDAY 18 JUNE	FRIDAY 19 JUNE	SATURDAY 20 JUNE	
11.00am – 12.00pm Montessori Program (Bierman Café)	11.00am – 12.00pm Montessori Program (Bierman Cafe)	10.45am – 11.15am Virtual Table Games (Smorgon Lounge)	10.30am – 11.00am Busy Bodies (Smorgon)	11.00am – 12.00pm Shabbat Shmooze and Games (Bierman Café)	11.00am – 12.00pm Shabbat Program (Bierman Café)	
11.00am – 12.00pm Minute it to win it! Games (Smorgon Lounge)	11.00 – 11.30am Brain Gym (Smorgon)	11.00am – 12.00pm Minute to win it! Games (Bierman Café)	11.00am – 12.00pm Montessori Program (Bierman Activity Room)	1.30pm – 2.30pm Kabbalat Shabbat Party (Bierman Café)	2.00pm – 3.00pm Sensory Program (Bierman Café)	
11.30am – 12.00pm Gentle Seated Exercise with Physiotherapist (Bierman Activity Room)	11.30am – 12.00pm Gentle Exercise with Physio (Smorgon)	11.30am – 12.00pm Seated Yoga (Smorgon)	Mindfulness (Cafe) 1.30pm – 3.00pm Afternoon Movie Selection (Smorgon Lounge)	3.00pm – 4.00pm Sensory Art (Bierman Café)	4.00pm – 5.00pm Sensory Relaxation (Cafe Lounge)	
1.45pm – 2.45pm Armchair Travel (Café Lounge)	1.30pm - 3.00pm Gala Exhibition - Figure Skating – Pyeong Chang 2018 (Smorgon Lounge)	2.00pm – 2.45pm Table Games (Bierman Activity Room)	1.45pm – 3.00pm Sensory Cooking or Gardening – weather permitted (Bierman Activity Room)	4.00pm – 5.00pm St Kilda Hebrew Congregation Kabbalat Shabbat Service	SUNDAY 21 JUNE	
4.00pm – 5.00pm Behind the Headlines with Zvi Civins (Smorgon Lounge)	2.00pm - 3.00pm Art (Bierman Activity Room)	2.45pm - 3.30pm Choir with Vera (Café Lounge)	4.00pm – 5.00pm Sensory Relaxation (Café Lounge)	2.00pm Sunday Movie Selection.		
4.15pm – 5.00pm Sensory Relaxation (Cafe Lounge)	4.00pm – 5.00pm Sensory Relaxation (Bierman Cafe)	3.45pm – 4.15pm Choir with Vera (Smorgon Lounge)	4.15pm - 5.00pm Soothing Sounds (Smorgon Lounge)	Candle Lighting 4.30pm - Ground 4.40pm - First Floor 4.50pm - Second Floor 5 .00pm - Third Floor		
	6.30pm Movie night	4.00pm - 5.00pm Sensory Relaxation (Smorgon)				



GANDEL HOUSE

PROGRAM THIS WEEK

MONDAY 15 JUNE	TUESDAY 16 JUNE	WEDNESDAY 17 JUNE	THURSDAY 18 JUNE	FRIDAY 19 JUNE	SATURDAY 20 JUNE
10.45am – 12.00pm Supported Table Games (L2)	10.45am – 11.45am Sensory Program (GR Activity Room)	10.45am – 11.30am Bright & Blooming Garden Project (L1)	10.45am – 11.15am Word Games (L1)	10.30am – 11.15am Active Exercise with Physio (L3)	Shabbat
10.45am – 11.15am Busy Bodies (GR)	10.45am – 11.30am Table Games (L1)	10.45am – 11.15am Gentle Seated Exercise (GR Activity Room)	11.00am – 11.30am Active Exercise with Physio (L2)	11.00am – 12.00pm Flower Arranging for Shabbat (L1)	
10.45am – 11.15am Gentle Seated Exercise with physio (L1)	10.45am – 11.45am Art Class (L2)	11.15am – 12.00pm Musical Memories (L2)	11.30am – 12.00pm Fun with Movement (GR)	Shabbat program medley followed by St Kilda Hebrew Congregation Kabbalat Shabbat Service	Sunday
11.30am – 12.15pm Word Games (L3)	11.45am – 12.30pm Word Games (L3)	11.45am – 12.30pm Facts & Trivia (L3)	1.45pm – 2.30pm Relaxation (L1)		2.30pm – 4.30pm (Lounges)
Life Long Learning Series: Behind the Headlines with Zvi Civins	2.30pm – 3.30pm Simcha Celebrations (L2)	1.30pm – 2.00pm Singing with Vera (GR Lounge)	2.00pm – 2.45pm Book Reading with Marcia (L2)	Temple Beth Israel Kabbalat Shabbat Service.	10.15am Ground
1.00pm L2 Lounge 1.45 pm GR Lounge 2.00pm L1 Lounge 2.15pm L3 Lounge	2.00pm – 2.45pm Virtual Discussion with Anthony “Is education heading in the right direction?” (L3 lounge)	3.00pm – 3.30pm Yoga (L1)	3.00pm – 3.45pm Relaxation (L3)		10.30am Level 1
2.45pm – 3.45pm Sensory Cooking (L2 MasterChef Kitchen)	Movie Night 6.00pm (L2) 6.15pm (GR) 6.30pm (L1) 6.45pm (L3 Cinema)	3.00pm – 3.45pm Table Games (L2 + GR)	3.45pm – 4.15pm Brain Gym (L1 Activity Room)	Candle Lighting 4.30pm - Ground 4.40pm - First Floor 4.50pm - Second Floor 5.00pm - Third Floor	10.45am Level 2
		6.30pm - 7.15pm Musical Soiree (L1)	6.15pm – 6.45pm Musical Soiree (L2)		11.00am Level 3
					Sunday Movie:
					1.30pm Ground Hachi a Dog's Tale
					1.45pm Level 1 The Time of Their Lives
					2.00pm Level 2 Victoria & Abdul
					2.15pm Level 3 Little Women 2019
					