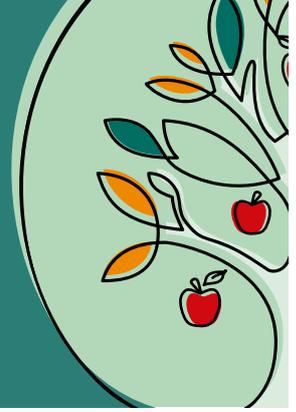




Emmy Monash
Aged Care

emMY news

September 2019



RESIDENTS



**AGGRESSION AND VIOLENCE
AGAINST HEALTH WORKERS.
IT'S NEVER OK**

ZERO TOLERANCE ON WORKPLACE VIOLENCE

With the unanimous backing of our Board of Directors and fully endorsed by WorkSafe Victoria, our position on violence and aggression in the workplace has not changed and is unequivocal – there is zero tolerance for abuse, threats or intimidation towards our staff. We have a responsibility to our staff, contractors, volunteers and visitors to provide a safe, harassment-free working environment which promotes healthy wellbeing and fosters respect and we expect all visitors to abide by the Emmy Monash Code of Conduct which will be redistributed to all families shortly. Your support in Emmy Monash providing a safe environment for both residents and staff is paramount and we look forward to you assisting us to achieve this positive outcome.

CEO'S MESSAGE

With the onset of spring comes the joy and anticipation of Rosh Hashanah festivities and we are in full swing. Rosh Hashanah at Emmy is always a very memorable experience for our residents and families, and our teams work diligently for many months prior to create such a unique experience.

It was lovely to see a great turnout to our recent Family Information Session on changes in health of a loved one. Our partnership with Calvary Health Care Bethlehem is having such positive impacts on our clinical staff and in turn the residents and families through sharing knowledge.

Families will soon be receiving our Code of Conduct policy, outlining our zero tolerance on violence and aggression in the workplace. Your support of Emmy Monash providing a safe environment for residents and staff is paramount.

Wishing you and your family Shana Tova and may the New Year be filled with sweet moments, good health and happiness.

**Tanya Abramzon,
CEO**



FOOD SAFETY AWARD

Emmy's catering staff proudly accepted their Food Safety Certificate from the Glen Eira Council recently. The team look forward to continuing their tasty, nutritious meals to meet residents' dietary requirements in a clean and hygienic environment. Well done team!



FAMILY INFORMATION SESSION

Last month we hosted a valuable Family Information Session with Cath McMahon from Calvary Health Care Bethlehem. With her extensive knowledge and experience, Cath shared valuable information to support residents and families through changes in health. The feedback from the session was overwhelming positive, and attendees found it very informative and thought-provoking – thank you to all who attended.

R U OK? DAY™

A conversation could change a life.
12 September 2019

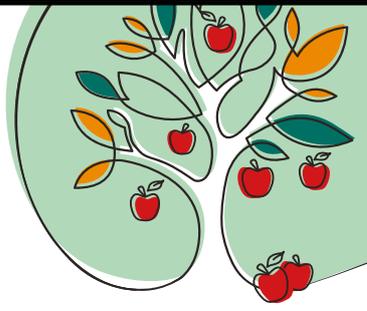
R U OK Day raises awareness about suicide prevention. As leaders in the aged care industry, we believe it is vital to encourage meaningful connections with people around us and to support anyone who may be struggling with life.

Take a moment to ask someone R U OK?

THE EMMY FAMILY WISHES YOU

Shana Tova

A HEALTHY & PEACEFUL YEAR



UPCOMING EVENTS

SEPTEMBER

Friday 13th

Pop Up TBI Kabbalat Shabbat (Progressive), Moshe & Miri Meydan Cinema & Media Room

Kabbalat Shabbat, Goldschlager Family Synagogue

Saturday 14th

Shabbat Service and kiddush, Goldschlager Family Synagogue

Sunday 15th

Concert: Robyn Licenblat

Tuesday 17th

Residents and Families Engagement Meeting, 11am

Thursday 19th

Rabbi Genende Rosh Hashanah talk

Friday 20th

Kabbalat Shabbat, Goldschlager Family Synagogue

Saturday 21st

Shabbat Service, Goldschlager Family Synagogue

Sunday 22nd

Concert: Rainbow Choir

Monday 23rd

Melbourne Recital Centre concert: Vardos

Friday 27th

Pop Up TBI Kabbalat Shabbat (Progressive), Moshe & Miri Meydan Cinema & Media Room

Saturday 28th

Shabbat Service and kiddush, Goldschlager Family Synagogue

Sunday 29th

Erev Rosh Hashanah

Monday 30th

Rosh Hashanah 1st day

OCTOBER

Tuesday 1st

Rosh Hashanah 2nd day

Friday 4th

Pop Up Kabbalat Shabbat (St Kilda Shule) and Children's Program, Goldschlager Family Synagogue

Sunday 6th

Daylight savings starts, 2am
Chagim Celebratory Concert:
Rabbi Shneur Reti Waks and band

Dementia Australia's 'A Better Visit' session takes place on **Wednesday 11th September at 6pm in Lewinsky Plaza**. This event is expected to be equally valuable and is a hands-on demonstration of Dementia Australia's iPad app *A Better Visit*. Please send an email to rspv@emmymonash.asn.au if you would like to attend.

DO YOUR MITZVAH THIS ROSH HASHANAH

We are looking for family members and friends who could do a wonderful mitzvah and come along to their loved one's festive meal and lead the blessings before the meal for the wine and the challah. Our meal times are at 12.15pm and 5pm, so if you have your own meal to attend, there will be plenty of time to get home beforehand. We all love to have familiar faces as part of our New Year festivities, so if you are available to help us out, please contact Debbie Jacobs.

ROSH HASHANAH REMINDERS

With Rosh Hashanah quickly approaching, please return any Meal Attendance RSVP forms by email or to Reception by Friday 13th of September if you'd like to attend any meals over the festive period. This will ensure that all departments can adequately prepare and create a meaningful dining experience for residents and families.

Families must advise the Nurse In Charge if they are planning to take a resident home to stay over Rosh Hashanah, or for the Yom Tov meals. Please also advise if a resident will be returning later than 11.00pm, and call 10-15 minutes before returning to avoid delayed entry.

STAFF



WELCOME

A warm welcome to the following new staff members who have recently joined Emmy: Sunita Malla and David Chen PCA's, Gurpreet Sharma, EEN (not pictured) and Elizabeth Heitmeyer, Marketing and Fundraising Assistant. Please make our newest team members feel welcome as they settle into their new roles.

VOLUNTEERS



WELCOME ABOARD

Rebecca Connors, Ivor Hertz, Eng Lim, Chase Blatman, Daniel Van den Berg, James Arthur and Sushila Sapkota all have something in common – they are all new volunteers to Emmy.

We are very excited to have such an enthusiastic group of individuals become part our team! They will be assisting across the Men's Group, challah baking and other lifestyle programs through the week.