



**Emmy Monash**  
Aged Care

# emMY news

27 February 2019

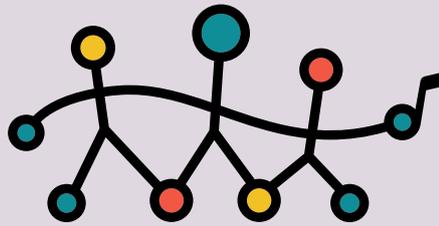
## RESIDENTS

### POP UP KABBALAT SHABBAT AT EMMY!

A few weeks back we welcomed eighty Mount Scopus senior school students, their teachers and Principal Rabbi Kennard who joined our residents and families for an incredible and uplifting Kabbalat Shabbat service.

More than one hundred and eighty people filled the Goldschlager Synagogue with the students leading the service and giving a Dvar Torah. This Shabbat was brought in with singing, plenty of energy and in the spirit of community and intergenerational connection. It was lovely to see both Emmy and Mount Scopus communities coming together to be part of a unique Shabbat experience.

We are looking forward to more high energy Pop-Up Shabbat services in the coming months, as we welcome the St Kilda Hebrew Congregation on Friday 8th March and 5th April. These events will feature a pre-service children's music and parashah program, so it's a great opportunity for families to bring grandchildren and great grandchildren to join in the festivities.



**POP UP KABBALAT SHABBAT**  
*at Emmy*



### FOOD FOCUS GROUP RETURNS

Following feedback from residents at the recent Residents and Families Engagement Meeting, we are happy to announce a revitalised Food Focus Group. The group gives residents an opportunity to engage with staff and our dietician, to review menus and food choices, share ideas and provide valuable constructive feedback. Residents and family members are very welcome to attend. The first Food Focus Group meeting will be held on **Wednesday 6th March at 2.30pm in the Alter Family Function Room.**



### PREPARING FOR PESACH

At this special time of year, it is important to us to provide meaningful and authentic, family-inspired Seder meals for all our residents.

Our private dining rooms are also available during Pesach, however they are very limited owing to high demand. To enquire about availability and charges, please contact Debbie Jacobs via email: [debbiej@emmymonash.asn.au](mailto:debbiej@emmymonash.asn.au)

## CEO'S MESSAGE

Earlier this month we witnessed the amazing spirit of our community at the Mount Scopus Student Minyan Kabbalat Shabbat. There was such a vibrant atmosphere, I could tell our residents were soaking up the joy that filled the Goldschlager Synagogue that evening. Judging by the success of the event, plans are afoot to hold more regular Pop Up community Kabbalat Shabbats, with St Kilda Shule coming back to Emmy in March and April. These events will be a great opportunity for the little ones in our Emmy Community to join in as Chazzan Brett Kaye will run a children's music and parashah program before a choral Kabbalat Shabbat with the St Kilda Shule Choir.

Our Resident and Families Engagement Meeting in February was very well attended, and it is always encouraging to hear constructive comments from residents and family members on all aspects of care at Emmy. From this meeting, it was agreed that a Food Focus Group be established again, to give all stakeholders the opportunity to contribute to the continual improvement of our catering services. The next meeting will be held on Wednesday 6th March at 2.30pm.

As part of our engagement strategy we are very excited to launch our Instagram page, emMYpeople. The page will showcase the amazing stories of residents, staff, volunteers and community partners and will be an opportunity to engage with our community. Follow us @emmymonash

With a new season approaching, we are refreshing our menus and putting the finishing touches on a new autumnal menu that will make the most of seasonal produce.

**Tanya Abramzon,**  
CEO



## RESIDENTS

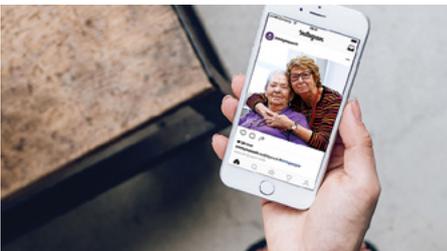


## BEIT HALOCHEM SPEAKERS

Last week we were privileged to welcome two amazing people from Beit Halochem who shared their stories of courage, resilience and positivity. The Beit Halochem organisation supports injured Israeli soldiers and aims to improve their quality of life. Speakers Alon and Or were courageous, warm, humorous and affirmed what is so wonderful about Israel and their connection to the country.

The stories shared by our own residents were especially touching — four men and two women who proudly served in Israel's armed forces in their youth. Partnerships with community organisations such as these are precious to Emmy and our sincere thanks go to Beit Halochem for once again giving our residents this meaningful opportunity to hear about and engage with the wider community.

## RESIDENTS



## EMMY ON INSTAGRAM

Our new Instagram page will showcase fascinating stories of those in our Emmy family and will be an opportunity to engage with our community.

As part of the project we will feature different people within our community from residents and volunteers to staff and community partners. We want to share their stories which in turn shares the rich fabric of life that exists within our walls. This project is a beautiful way to preserve memories and important life achievements and will provide a wonderful opportunity for our residents to engage with someone and share their story. Follow us @emmyonash

## STAFF



## FAREWELL KELLY!

This month we bid farewell to Kelly Binder, Recreation Assistant. Kelly has been a stalwart of the CCW Sunday concert program and ever present on weekdays during her university breaks as she undertook a four-year degree in Occupational Therapy.

Whilst we are thrilled for Kelly and her new career path, we will miss her vitality, genuine warmth and the professional way she always enabled the best experience for each resident she encountered. Mazal Tov Kelly!

## UPCOMING EVENTS

### MARCH

#### Sunday 3rd

Concert: Singers  
Chasan Braun and family

#### Wednesday 6th

Food Focus Group Meeting

#### Thursday 7th

Club L'Chaim Opera event,  
EMA Lounge

#### Friday 8th

Pop Up Kabbalat Shabbat  
led by Chazzan Brett Kaye  
and St Kilda Shule choir

#### Sunday 10th

Concert: Hoang Pham,  
award winning pianist

#### Monday 11th

Labour Day public holiday

#### Thursday 14th

Residents and Families  
Engagement Meeting

#### Sunday 17th

'The Silverbeets' performing –  
The Silvers family

#### Wednesday 20th

Erev Purim

#### Thursday 21st

Purim festivities – Yavneh College  
students visiting; King David School  
students visiting; Or David Mizrahi  
Children's Program

#### Thursday 21st

Mizkids/emMYkids event,  
Purim special

#### Monday 25th

Melbourne Recital Centre  
concert – the Inventi Ensemble

### APRIL

#### Sunday 7th

Concert: Opera singer Taryn Silver  
accompanied by Karen Neumann

#### Monday 15th

Diller Teens visit Emmy

#### Thursday 18th

Residents and Families  
Engagement Meeting

#### Friday 19th

Erev Pesach

### REMINDERS

A laundry basket with unlabelled clothes is placed in the Bierman Activity Room every second Friday afternoon, and every alternate Friday afternoon the basket can be found in the Level 1 Activity Room, Gandel House for residents to reclaim. This Friday 1st March, the laundry basket will be placed in the Bierman Activity Room, Ground Floor, Dandenong Rd.