



Emmy Monash
Aged Care

emMY news

4 September 2018

RESIDENTS

September
Dementia
Awareness
Month 2018

Small actions.

Big difference.

Dementia Information Night

Wednesday 26th Sep, 6pm start
Alter Family Function Room,
Gandel House

All welcome

Limited seats available, RSVP essential
rsvp@emmymonash.asn.au

SMALL ACTIONS, BIG DIFFERENCE

September is Dementia Awareness Month and at Emmy, we believe many small actions can make a big difference. We are holding an Information Night to share knowledge about living with or caring for someone with dementia.

Through raising awareness and support, we can make a positive difference in the lives of those affected by dementia. For more information, see the brochures on display at Emmy, visit dementia.org.au or speak with Social Counsellor Shelley Katz or a member of the Clinical Management Team.



AUSTRALIAN HAGGADAH COLLECTION IS AT EMMY

Have you noticed the new artworks being installed around Emmy lately? We are indebted to Helen and Bori Liberman who specifically wished to share their significant Judaica collection with our community.

The vibrant paintings by renowned artist, Victor Majzner are on display across community areas of Emmy Monash with specific themes and images related to Passover.

CEO'S MESSAGE

There's a buzz in the air at Emmy, as all departments prepare for this special time when we come together to usher in the new year.

The festival of Rosh Hashanah is very dear to all residents at Emmy and this year is no exception. The lead up has not been without its challenges: we've worked tirelessly through a gastro and a respiratory outbreak while preparing for the new year celebrations. I'm very thankful to our staff for the way they have managed these difficult situations with professionalism and poise, the health and safety of the residents always their first priority. While we are still in Outbreak as emMYnews goes to print, we hope to be clear in time to celebrate Rosh Hashanah and resume fully operational services.

In the kitchen Chris, Adilia and their team have planned a delicious and varied menu for Rosh Hashanah, filled with traditional favourites and some tasty new ideas as well.

Wishing you and your family Shana Tova and may the New Year be filled with sweet moments, good health and happiness.

Tanya Abramzon
CEO



THE EMMY FAMILY WISHES YOU

Shana Tova

A HEALTHY & PEACEFUL YEAR



Emmy Monash
Aged Care

RESIDENTS



OPERATIONAL MATTERS

At Emmy Monash we work best in a trusted partnership with our families, and I always value feedback about our care, programs, catering and facilities so I can review and prioritise for quality improvements with my team. We are committed to providing an outstanding experience for those in our care and personally liaise with many staff and family members to continually strive forward with this objective.

The next Resident's Meeting is scheduled for Thursday 13th September at 11am in the Alter Family Function Room. This is an opportunity not only to hear about current resident matters and initiatives across all care units and EMA, but also for residents or their family members to give feedback about any related matter. I look forward to welcoming you to our monthly Resident's meeting.

Over the past month we have improved safety by installing speed humps in the Gandel House driveway and completed the extensive window cleaning program across Emmy Monash. The welfare, safety and security of our community is our paramount responsibility. I know how challenging the access restrictions owing to the Outbreaks have been on our residents and their families and feel confident we will soon be returning to regular operations.

Shana Tova, a Healthy, Peaceful and Happy New Year to the Emmy family.

Judy Fetter, General Manager Operations

UPCOMING EVENTS

Tuesday 4th September
emMYkids

Sunday 9th September
Erev Rosh Hashanah

Mon 10th – Tue 11th September
Rosh Hashanah

Thursday 13th September
Residents Meeting

Sunday 16th September
Concert: Jason Fookes

Tuesday 18th September
Erev Yom Kippur

Wednesday 19th September
Yom Kippur

Thursday 20th September
Dementia training for staff

**Mon 24th September –
Tue 2nd October**
Sukkot

Thursday 27th September
Rabbi Genende speaks "Look up at the stars"

STAFF



WELCOME AND FAREWELLS

A warm Emmy welcome to Lauren Fluxman, our new Finance and Administration Manager, Natalie Steiner Wellbeing Facilitator and Andrea Guss, Recreation Assistant. Yael Silich and Loise Ndung'u have joined us as PCAs, while Karanjit Singh and Anand Ajay have begun in the kitchen as Catering Assistants. Welcome back to Jyoti Sigdel Koirala, recently returned from maternity leave.

We wish them all the best in their new roles at Emmy Monash.

Last month we bid farewell to some key staff, Josh Wonder, Juanita Bekinschtein and Linda Mellon. As Finance and Administration Manager, Josh has been an integral part of the Executive Team for three years and formed lasting relationships with many staff, residents and families.

As Dementia Program Coordinator, Juanita worked closely with residents, staff and volunteers to deliver programs and add meaning to the lives of those with dementia. As Lifestyle Coordinator, Linda Mellon did amazing work advancing the delivery of lifestyle programs across Emmy. We thank Josh, Juanita and Linda for their dedication and wish them all the best in their future endeavours.

STAFF WELLBEING

The array of sessions on offer at the Staff Wellbeing Program had something for everyone, from free smoothies and fresh fruit to reflexology and yoga. For Emmy staff, whose jobs are so often focussed on giving and caring for others, this worthy initiative offers them some 'me time' and reminds us all of the importance of looking after ourselves.

Due to its success, we are planning to make the reflexology sessions an ongoing staff opportunity. Thank you to our contributing sponsors and we welcome any new supporters from the community. If interested, please contact Debbie Jacobs.