



Emmy Monash
Aged Care

emMY news

6 June 2018

MESSAGE FROM THE CEO

I have recently returned from my overseas trip which culminated in attending the Eldercare Awards in Singapore where Emmy Monash received finalist awards in three categories. We are extremely proud of this achievement and that we could showcase our facility and programs to a global audience. There is always so much going on and the last few weeks have been no exception. I would also like to take this opportunity to express my deepest admiration and gratitude to our amazing volunteers who give so much of their time and who all make such a difference at Emmy. They are an integral part of our Emmy family and play a key role in enriching the lives of our residents.

Our Annual Appeal continues and the theme of 'Little things matter at Emmy' reinforces our holistic approach to wellbeing. Offering a huge range of activities and events, Emmy's Culture, Community and Wellbeing Department help to ensure all residents live a full life: socially, emotionally, spiritually and physically.

Tanya Abramzon, CEO

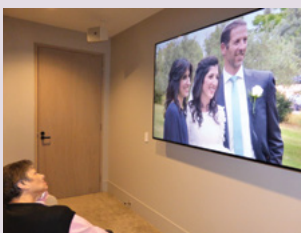


RESIDENTS



WARM UP WITH OUR NEW WINTER MENU

With winter on the way our Consultant Dietician, Lisa Sossen has designed a new tasty and nutritious menu. Lisa has ensured that the menu still has the standard favourites and has added some interesting dishes. Beef brisket with pomegranate and dates will be served at Shabbat dinners and roast turkey with cranberry sauce will be served at midweek lunches. We have used a little turmeric in the curry dishes which is an ingredient well-known to help reduce inflammation (especially for those winter aches and pains) and included some hearty soups. We will be serving swiss rolls at afternoon tea, lemon delicious at lunchtimes and rice pudding with sultanas and cinnamon at dinners.



MAZAL TOV LESLEY SHEEZEL

Although Lesley Sheezel, an Emmy Monash resident was unable to attend the wedding of her granddaughter Talya Goldberger to Aaron Jacobs in Jerusalem we arranged something special for her at Emmy. With the support of her family a video of the wedding was played on the huge screen in the Moshe and Miri Meydan Cinema & Media Room where Lesley who is visually impaired could feel that she was a part of it. Mazal Tov Lesley!

Little things matter at Emmy...



HAPPY BIRTHDAY 202 YEARS OLD!

What a momentous occasion! Uszer Kozlowski who recently celebrated his 101st birthday wished happy birthday to fellow resident Alan Bogatin on his 101st birthday. Moments like this are precious and this is one for the history books.

Happy 101st birthday to Uszer and Alan!

RESIDENTS



PET THERAPY

We are delighted to welcome Penny Walt, who will be doing a student placement with Emmy Monash on Sundays as part of her Masters of Counselling degree with Monash University. Part of Penny's placement will involve pet assisted therapy from 10:30am to 12:00pm with Chi Chi, an approved pet therapy dog. This is a unique opportunity whereby Chi Chi will essentially be a co-therapist providing tactile comfort enabling Penny to build rapport and trust with the residents.

Please note that as pets are part of so many people's lives they are always welcome at Emmy. As the safety and security of our residents is always paramount can you please make sure that you keep your pets away from Penny and Chi Chi during these therapy sessions.

As always when your pets visit Emmy please ensure that they are always on a lead and that they are toilet trained and fully vaccinated. They are not permitted in cafés and dining rooms.

VOLUNTEERS



EAT UP

Emmy Monash was a hive of activity as our residents, staff, families and volunteers who along with King David School students united with Eat Up to prepare sandwiches for disadvantaged schoolchildren across Victoria. The mitzvah of giving back to the community was one of many ways of acknowledging National Volunteers Week at Emmy. Pictured are one of our volunteers, Jeff Kramer with resident Helen Freedman.



CORNER STORE

A huge thank you to Hannah Fagenblat for single-handedly arranging a group of 12 new to Emmy volunteers to manage the Corner Store. Hannah put in many hours work preparing for the opening, organising a range of products for sale and co-ordinating staffing shifts. Pop in and say hi to Hannah or the other volunteers who help us so much at Emmy.

Opening Hours: Mondays and Thursdays 10:30am to 12:30pm and 1:30pm to 3:30pm.

STAFF



OUR NEW CHEF

Introducing our chef Janak Patel who is a very welcome addition to our Catering team. Coming from Quaff in the heart of Toorak Village, Janak has been trained in European and Middle Eastern cuisine and has expertise in fine dining as well as catering private functions. Look out for some of Janak's cakes in the cafés as well.

UPCOMING EVENTS

Sunday 10th June
Concert: Jason Fookes

Sunday 17th June
Concert: Glen Eira Band

Thursday 21st June
Melbourne Recital Centre

Sunday 24th June
Thirteen Program

Sunday 24th June
Concert: Paul Glass

