



Emmy Monash
Aged Care

emMY news

February 2015



SHAPING TOMORROW TODAY

Building update: It is exciting to commence 2015 with progress of significant work at our building site. The bulk excavation work and premier retention system has been completed, with the footing system work commencing this month. As with any major building project, an increase in noise and dust is unavoidable. Although this time of growth may cause some occasional inconvenience and disruptions, we look forward to the next stage of the establishment of Gandel House at Emmy Monash (due to open in 2016).



EMMY MONASH VIDEO WINS AWARD

We are thrilled to announce that the Emmy Monash Shaping Tomorrow Today promotional film has just been awarded the best national corporate video at the AVPA Awards.



70TH ANNIVERSARY COMMEMORATED

The commemoration of the 70th anniversary of the Auschwitz liberation was an opportunity for our residents, many who are survivors, to share their experiences and participate actively in the global commemoration of this event.



MACCABI COMMUNITY DAY

Emmy Monash welcomed 20 Maccabi Junior Carnival participants and their leaders for a full day of intergenerational activities with residents, on Sunday 18 January. The genuine engagement between the youth and our seniors was evident as they shared stories of current and past Maccabi Games.



KADIMAH & EMMY LIFESTYLE PROGRAM

As part of the growth of the Emmy Monash lifestyle program, we are pleased to announce that fortnightly visits have commenced to Kadimah. Residents will now be able to attend the very popular 'Wednesday Club' social afternoons. Interested residents will be transported in our private Emmy van, that has been generously donated by Judy (z"l) and Leon Goldman. Please note that Kadimah charges \$8.00 to attend the Wednesday Club. All interested residents should contact Pamela Bruder on 8508 9300 for further details.



VISIT EMMY MONASH'S VIBRANT COMMUNITY SYNAGOGUE

The Goldschlager Family Synagogue at Emmy Monash is an active, vibrant *shul* that unites residents, families and community members. The *shul* runs regular Shabbat and holiday services, as well as hosting numerous *simchas*. Our Rabbi, Michael Stern, invites you to join the services, to contribute to the *minyán*, and to share a wonderful, warm Shabbat with your loved ones.



SUPREME CARE PLAN INTRODUCED

Lifestyle Staff are implementing new documentation that enables staff to more comprehensively capture a resident's lifestyle profile. Developed in consultation with clinical staff, the Supreme Care Plan, fosters the Montessori and personhood approach to aged care, and focuses on individual's abilities, health and wellbeing physically and emotionally.



NEW WALKIE TALKIE PROGRAM

An innovative new exercise program has commenced that provides residents with the opportunity to exercise outdoors and enjoy a social chat along the way. Developed in consultation with physiotherapists, the Walkie Talkie Program has started in the Marejn Low Care Unit (to be rolled out throughout the various units during the year). Residents should register their interest with Low Care Unit Manager, Lisa Barnett.



HIGH MARKS FOR MEDICATION MANAGEMENT

Independent consultant clinical pharmacist, Darius Ignasiak has submitted a report to a recent Emmy Monash Pharmacy & Therapeutics Committee Meeting. The report highlighted the extraordinary success rate of 99.99% administered medications, and commended Emmy Monash on the "exemplary accuracy and medication management practice".



THANK YOU FOR YOUR SUPPORT

Thank you to all the volunteers who assisted over the summer holiday season while fellow volunteers were taking a well-deserved break. The assistance we received, particularly in the Pain Management Clinic and the Travelling Library, ensured the services we provide our residents could continue uninterrupted. We look forward to the participation of all volunteers in Emmy activities in the coming weeks.

Feedback: To ensure the efficient and effective use of volunteers' valuable time, we ask that all volunteers complete a Volunteer Daily Activity Record and Feedback Form at the end of their shift. These forms are available from Reception or on our website.

Volunteers needed: We are looking for those interested in flower arranging to assist us in beautifying areas of the home. For more details, please contact Maureen Shulsinger.

Upcoming Events

12 February

Valentine's Day celebrations in the Lewinsky Plaza

19 February

Club L'Chaim (an Emmy Monash community initiative) visit to Andy Warhol exhibit at Jewish Museum

For enquiries on all Club L'Chaim events, please contact Shirley Jacobs.

Emmy Social News

- Mazal Tov to Community and Volunteer Liaison Manager, Maureen Shulsinger on the recent wedding of her daughter, Nikki Gerber to David Lee.
- Congratulations to Food Service Attendant, Chitra Singh and her husband Preet on the birth of their baby daughter, Zoya.